

## Wesak: Full Moon in Taurus 23/04/2024



### Wesak valley Mount Kailash and Lake Manasarova

At the time of Wesak, large crowds of pilgrims come to the Wesak Valley in Tibet, which is located about 300 kilometres west of Lhasa. They come to celebrate Wesak usually at the full Moon in May, though this year the full moon in Taurus falls in April. Nearby is the magnificent and unusual Mt Kailash revered by many traditions and also the famed Lake Manasarova. Lake Manasarova is the world's highest freshwater lake. It is said to be turquoise in colour and that circumambulating it can wash away all wrong doings. It provides mirror like images of the snow-capped mountains that surround it and is only about 30kms from Mt Kailash. Both the lake and Mt Kailash are believed to be the abode of Shiva and there are many Hindu spiritual myths about the area. However, in Buddhist legend, it is said that the Lord Buddha's mother was brought to the lake by the gods and her body purified in its waters. According to the legend she saw a white elephant running to her from Mt Kailash and that it was at this time the Lord Buddha entered her womb.

It is believed that at the full moon time at Wesak, the Buddha returns to the Wesak valley in physical/etheric form and stays for about 2 or 3 minutes to give a special blessing to humanity. He is seen etherically as a spot in the sky, growing gradually larger until he appears in full glory with his hand raised in blessing. It is held that that Christ as the head of the inner ashram along with many other great teachers are also present helping to set up and hold the energy patterns needed to receive this wonderful guest of the Buddha in this special form. It is believed that at the high point of the ceremony, a crystal bowl of water is specially blessed by the Christ with his diamond sceptre.

With water being such a special focus in humanity's consciousness at this time, I suggest that all those who can meditate at the exact Taurus full moon time leave out some water to receive the blessing of their water with this special Christ energy and that this blessed water be then released into the water within our own self or into any body of water on the earth with the held intention of sending a special blessing throughout self, through and for the element of water.

Another meditative option at the time of Wesak comes from the mantram for Taurus which is "I see, and when the eye is opened all is light/illuminated." At the full moon time as the Buddha returns to the Wesak valley to bless all humanity, a synchronistic event is occurring in the heavens in the constellation of Taurus, where the eye of the bull - the red/orange sun Aldebaran is said to "occultly open" creating a cosmic energy flow through a line of spiritual eyes, of which our inner eye, the pineal gland is a physical expression - offering the possibility of expansion insight and initiation particularly when we work in group formation to hold the energy safely and strongly. Working in this way can enable us and humanity as a group to receive really deep insights into the ways that we can transform ourselves and our world. Cows and bulls have often been seen as vehicle for God/ Goddess energies. Those who are interested may benefit from researching this and using the ideas at Wesak time.

**"Lord Buddha bless me through the sacred eye of Taurus**

**Let me see and may all be Light!"**

I look forward to celebrating with you

Love in the Light.

Janet