

Full Moon in Scorpio Celebration

To be held on Friday November 19th 2021

at the

the Aquarius Healing and Education Centre

154 Mt Barker Rd Stirling

7.00pm - 8.30pm



The evening includes meditation, ceremony, input and discussion and is led by myself Janet Schwarz and hosted by Meg Tscharke. All are welcome. Bring your friends and a small amount of food to share if staying for supper. No charge. Donations welcomed. You can donate in the “golden bowl” at the event or any time at People’s Choice Credit Union BSB 805 050 Account Name: Conscious Connection. Acct No: 2371918. Account holder Margaret Tscharke.

If you would like further information about this event or about anything I have written, or other work I do, contact me on 0400886872 or email me at skydancer8@bigpond.com.

Musings for Scorpio. Dealing with watery intensity. Patience and Practice lead to Perfection.

The photo below comes from my recent trip up North and is taken on the Oodnadatta Track at one of a number of springs you can visit. It is quite amazing to be on that flat dry land- to drive along long bumpy roads and then see the water bubbling up from the depths from the great artesian basin as a small pool /spring. The water comes through cracks and fissures or human made bores. This water originates in eastern Australia and passes into the artesian basin (the largest aquifer in the world) and often spends several million years before emerging under pressure from the underground in South Australia from the Eastern states.



This kind of water is very much like the fixed water of Scorpio. The water’s journey is of a secretive, underground nature and the process of the releasing of this kind of water/emotion takes a long time, and often emerges under pressure. Working with the element of fixed water and

with Scorpio processes requires much love, encouragement, time and patience - both for ourselves and for others.

As we move with the earth/sun through the sign of Scorpio, its helpful to reflect on how our emotional waters flow both in ourselves and others and to be as patient kind and loving as we can. When the “Scorpio sting” comes from the emotional life of another, we can endeavour to find ways to work with our reactions to it.

Here are some ways that I endeavour to manage this in my life (remember I am still very much work in progress!!). The main thing is to be open to experiment and be prepared to have a go and do something different.

1. Building a good strong energy field around ourselves often helps. This is sometimes called psychic protection and is popular in books on psychic development. In this method, we imaginatively build a protective energy field flowing around us. We use our creative imagination and our intention to build an energy field around ourselves as a protective shield. This could be imagined/created as a white light around us or perhaps as a rainbow cloak of colour protection. This created field of energy helps protect us from the barbs and negativities that come to us from life. Some people have argued that its better to just imagine a strong soul centred core and that from this inner radiation a natural energetic protective flow is created. Perhaps the first way is useful until one feels one’s inner core is strong enough to create the second.

2. Another way is simply to feel the intensity of the emotional sting sent to us - to feel it and then let it pass. This second way involves a deep appreciation of the intensity aspect of Scorpio and goes the way of learning to appreciate and feel our feelings. As we become aware of the sting of some feelings and thoughts, we endeavour to feel them as energies within our bodies by breathing and feeling - **not by linking into thoughts about them**. Using the breath and feeling the emotions/energy within our body, gradually teaches us to learn how we can let them pass. This is different from becoming emotionally reactive to the sting of another's thoughts and emotions. Emotional reactions come from the sting's triggering effect, which creates a mind/feeling reaction/eruption and is a stuck process and a closed loop which recirculates old patterns within us.

This second process could be called transmutation for it encourages us to feel both emotionally and to feel within the body and then to allow it all to flow as an energy within us leading to change. As we feel the sting from the other as a body energy feeling, we are not having a reaction but a more Scorpio process of allowing the emotional intensity to flow through our field until it is naturally released (like the springs of the great artesian basin). This like most Scorpio processes, can take a long time to learn and often requires much practice. I believe this is a very important skill to learn but of the three methods I have described here, this is probably the least popular, for it is not easy to allow emotional intensity to flow within us. However if one works and practices with the body and the breath and movement, progress can be made. Trained bodywork practitioners can be very helpful with this approach.

3. The third process is detachment. This is when we see/feel the sting and choose a pathway separate to it. We do not block the feeling or sting but choose to go into our central spiritual core. We choose "the way that leads between the two great lines of force" - the Buddhist noble middle way. This is a much more Libra kind of process, in which we see the sting coming or feel it in our system and simply go straight into our central core of Love and Light or into our loving heart or into our soul field. This is a choice taking us to our spiritual inner home or centre, rather than choosing to engage or react or become involved in the feeling's emotions or oppositions of the situation. The issue involved may still require our **actions** but it endeavours not to involve our **reactions!!**

None of these three ways is about emotional repression which is not growth oriented and doesn't build aliveness or capacity but creates blocks and rigidities and they endeavour to free us up **to act** rather than **react** in our life. My suggestion is to practice these three techniques along with any others you have learned and which you find work for you ... perhaps one or the other may work better at different times or in different situations. Each person will find this out for themselves. There is value in practising all of them at some stage, as they all create different kinds of newness and growth. **Obtain professional help if needed**. If any of you are interested in learning more about these processes let me know and I can provide more information.

Patience and Practice leads to Perfection. This is my 'answer' to the ***"tests trials and tribulations"** of Scorpio and is, I believe, is the way to **Triumph**

I look forward to talking more with you if you come to the celebration

Love to you all

Janet

***"Tests trials and tribulations"** Sometimes the Scorpio process has been described as the three crosses of **tests trials and tribulations**. This expresses the sensitivity, depth and struggle of this sign but also, I believe overemphasises the suffering and pain aspect. So I like to emphasise that through patience and practice, this process leads us to perfection. Through patience and practice the three crosses of suffering identified with Scorpio lead to a fourth cross- the cross of **triumph** and to our perfection. So be it !!