

Leo Full Moon celebration

to be held on

Saturday 24th July 2021

Starting at 11.30am to be meditating for the full moon time at 12.09 pm

At the Aquarius Healing and Education Centre

154 Mt Barker Rd; Stirling



All are welcome. Bring your friends. No charge. Donations welcomed. You can donate in the “golden bowl” at the event or any time at **People’s Choice Credit Union BSB 805 050 Account Name: Conscious Connection. Acct No: 2371918. Account holder Margaret Tscharke.**

The event includes celebration, ceremony, meditation and discussion, followed by a shared lunch. It is led by myself, Janet Schwarz and is hosted by Meg Tscharke. Both of us look forward to seeing you there, if it feels right for you to be present. Please bring some food to share if staying for lunch.

If you would like further information about this event or other work I do, please contact me on **0400886872** or email me at skydancer8@bigpond.com or check out my website on www.wholisticpsychology.com.au or on face book www.facebook.com/wholisticpsychology

Themes and Reflections for Leo

Esoteric Mantrum : I am That and That I am

Leo is a fixed fire sign and in esoteric astrology has the sun as the ruler on all 3 levels... personal soul and spirit. The sign of Leo brings with it love, warmth, generosity and ideas of royalty. The sun shines over all and protects all of its realm as does a good sovereign and in the time of Leo, these qualities will be available for us all to “soak up” like the rays of the sun.

In July/ August, we know it is not yet Spring and yet we feel the first few signs that the depth of winter is over. Here in the Adelaide hills in Australia, we see jonquils, daffodils, acacias and camelias and the beginning sense that the days are slightly longer. Trees are not full budded but many are certainly budding up. What was born at the Solstice is beginning to manifest.

As the sun travels through the sign of Leo, it is the time to use the loving warmth, the generosity that is like that of the sun and a true sovereign - shining for all people and our whole planet.

The deep connection of the sun to the sign of Leo can be seen reflected in the earthly male lion with his mane like the rays of the sun and in lions in general with their tawny golden colour.

Our inner sun helps us to grow into the royal beings that we are, which is the awakened heart soul and spirit within us. When highly developed this is the golden fire of Cosmos - deep love, loyalty, royalty, strength and enthusiasm. This cosmic fire encourages us to have our soul and spirit to reign supreme within us as the lion reigns as king of the jungle. It encourages us to have a lion-hearted courage and to be the King /Queen of our own realm.

Just as the sun warms our physicality so does the heart of the sun connect with and warm us through our soul fire (solar fire). The higher spiritual fires connected to the central spiritual sun reveal the fire of oneness that is behind all forms.

As we grow into connection with these fires especially the fire of Soul and the fire of Spirit, we find that we will naturally and increasingly want to reach out to others encouraging them to grow and shine too. Notice that the word encourage has the word courage in it. The warmth that we develop in our heart encourages all around us to grow and shine and fills all with the courage needed to travel the spiritual Way.

So, in the sign of Leo lets **encourage** ourselves and others to shine and imagine our hearts opening and becoming BIG with love. When the enthusiasm of others wanes, let us shine with the sun to support them, inspired by the energy of the Leo way.

Encourage yourself too through using some of the individual practices given below

Suggestions for an individual practices during Leo

The colours for Leo are all the yellows gold and reds of the sun and blue for ray 2 – for ray 2 is the ray for our sun and indeed for the whole of our solar system. Look up into the sky on a sunny day and you will see the blue of that ray reflected there. Look into the sky breathe and absorb the energy of the blue ray and feel its energy of love and wisdom shining into your heart and mind. Endeavour to be outside for a while when we get the sunny days of late winter and absorb the sun in this way and practice breathing it in deeply and imagine it flowing throughout your system. Then send this fiery encouraging love energy to yourself and to others- not in an intrusive way but in the way of encouragement and support. Help COURAGE to grow everywhere. Feel the sun in your solar plexus and breathe it into your heart. Let your heart open in self-acceptance and love of self and feel yourself to have the qualities of warmth, generosity, royalty and fire. We can also connect to Ray 2 by eating the herb borage, a herb of the sun and Leo. In herb lore it is well known to give courage. It has lovely blue flowers with a cucumber like flavour and is delicious in salads

.Planetary Rulers and the Rays

Personal level	Soul level	Spirit level
Sun (ray 2)	Sun (ray 2)	Sun (ray 2)

Rays through the constellation 1 and 5

Colours for Leo All the colours of the sun yellow orange red and blue for Ray2

Herbs plants and oils For Leo - angelica, bay laurel, borage, chamomile dandelion, frankincense marigold saffron . For the sun rosemary, sunflower, walnuts, Saint-John's wort

I look forward to celebrating with you and talking further, if it feels right for you to come.

Love from the fiery heart of the sun

Janet