



# Spring Equinox

Tuesday 22<sup>nd</sup> September 7.00pm-8.30pm

&

# Libra Full Moon

Thursday October 1st 7.00pm-8.30pm

To be held at the

Aquarius Healing and Education Centre

154 Mt Barker Rd Stirling

All welcome. No charge. Donations welcomed. You can donate at the event or any time at People's Choice Credit Union BSB 805 050 Account Name: Conscious Connection. Acct No: 2371918. Account holder Margaret Tscharke. These events include celebration, turning of the wheel of the year for the Equinox, ceremony, contemplation and discussion. Both will be followed by a shared supper. They are led by myself, Janet Schwarz and hosted by Meg Tscharke. Both of us look forward to seeing you at both or either of these events, if it feels right for you to be present. Please bring some food to share if staying for the supper. If you would like further information about these events or other work I do, please contact me on **ph. 0400886872** or email me at **skydancer8@bigpond.com** or check out my website on **www.wholisticpsychology.com.au** or on **face book** **www.facebook.com/wholisticpsychology.**

**Working with the energies of the Spring Equinox and Libra Full Moon to become a creative world changer**

Two of the themes that link the Spring Equinox with the Libra full Moon are beauty and balance.

Beauty: There is the amazing beauty around the Spring Equinox as Spring brings colour and vibrant life after the withdrawal of Winter. Spring brings the dance of the Goddess in her maiden form displaying a beauty which is at the heart of creation. Then there is beauty of the sign of Libra. Librans really appreciate beauty on all levels for here the Goddess Venus is adding her power touch through the planetary ruler of Libra -Venus.

Balance: Both equinoxes are points of balance on the astrological wheel of the year ...equal day equal night - the Autumn Equinox being on the descending cycle headed towards the Winter Solstice and the Spring Equinox being on the ascending cycle headed towards the Summer Solstice. But at the equinoxes there is a pivotal pause before that movement. This is captured in the image of the scales in Libra which also teaches us about balance "I choose the way that leads between the two great lines of force." Here the great opposites are ignored as one chooses and walks the middle path. However, before this time there is much movement backwards and forwards experiencing the opposites before inner balance is achieved. This noble middle path holds the deeper understanding of the beauty and balance that lies beneath the world of appearances. At a deep inner point beauty and balance become an integrated energy- a beautiful balance or a balancing beauty.

### **Creating creative change in the world**

An exercise for Libra and the Spring Equinox period would be to meditate in a beautiful place you create in your mind or be in a beautiful place in Nature. Ponder beauty and balance within and without and see if you can find a deep beauty and balance. If you wish to use the graphic above to see this dynamic balancing beauty. Ponder the pivotal point of the scales or a seesaw to move towards the source of balance and beauty

Meditate ....meditate....meditate for as long as feels right that is... 1 minute or 1 hour or???

Then **become** a radiant 5-pointed star/Sun(Venus) and beam out your light as beauty /balance into the world and say ..."The world is awakening to beauty and balance ...For the good of all and may we play our part in the One Work" .

I look forward to seeing you at both or either of these events to ponder more on these things and develop our ways of becoming creative changers in the world

Love Light Beauty Balance

Janet