

FULL MOON in PISCES



Musings for PISCES

Working energetically in times of imbalance and catastrophe. Last month I wrote about the importance of balancing the elements of earth, air, fire and water both within ourselves and in the physical world and by doing this play an important role in times of catastrophe and natural disasters such as we are experiencing in the world. In Pisces we have a special opportunity to explore the element of water by working more consciously with it as we come across it in our daily life. From washing the dishes to showering to looking at the sea, lakes, rivers, creeks and rain with more awareness, we can acknowledge the element of water and express gratitude for its gifts. Water is very sensitive element like the sign Pisces and following Dr Emoto's work on water we know we can send impressions of love, balance, joy etc into the water we come in contact with.

We can also work with the energies of our emotional waters. If our emotional waters are repressed and unexpressed or wild and over expressed or simply hidden from our view, then we are invited to understand and connect with them and work with their energies until we have obtained more balance and mastery. This takes much practice, however slowly over time as we work with the element of water directly, we are also moving from our identification with the solar

plexus to an identification with our heart (the air element). Emotions are wonderful ways of connecting and feeling but being a master of them puts us in charge of these energies like Jesus walking on the water. They become our instrument - energies with which we work rather than energies we are caught in.

Since around 80 percent of our body is water, another exercise is to simply put our hands on ourselves or someone else (with their permission) and send to the water inside, the impressions that are needed to restore harmony and balance. When we have worked with the water element and feel more balanced, we can finish by seeing this impressed water flowing into the world taking our message of joy love light balance etc with it... adding "For the Good of All". As these waters come in contact with other elements new quantum possibilities emerge which may not include catastrophes, especially when done with deep intention by increasing numbers. We need to work with the other elements as well of course but doing such things as this with water is a great start. Let your creativity work with water element! As we go around the wheel of the year, we meet the 4 elements again and again either as mutable fixed or cardinal so we have many opportunities to practice!.

The ink colours of this flyer express some of the colours connected with the sign of Pisces -blue and indigo is for Jupiter the personality ruler and ray 2, black is for Pluto and ray 1 the soul ruler and pink is for the planet Neptune and for ray 6 the spiritual ruler. Wearing these colours during the month or looking for them in nature can help us feel the connection not only to the water element but all the energies that we are immersed in while we move through the sign of Pisces. Looking forward to exploring more of these ideas with you.