

# CANCER FULL MOON

## *Musings*

The beautiful esoteric mantra for the sign of Cancer is **“I build a lighted house and therein dwell”**. At the winter solstice we celebrated the birth of the light from the darkness. In the sign of Cancer, we build that light into a beautiful house filled with light and love and we live within it. We build this house by purifying our physical emotional and mental bodies and by contacting our angelic self the soul, or Solar Angel. For when our physical emotional and mental bodies have been prepared enough, the body of light that is our solar angel flows into them and so we can begin to dwell in a lighted house. All of this takes a long time so we need to be loving and patient with ourselves as this slow beautiful growth occurs, for it takes lifetimes!! In these times however our progress is being speeded up and it is possible for very rapid change to occur especially when our intention and love are strong.

Our lighted houses can become like lighthouses beaming out across the world in these very stormy times helping and supporting humanity to find the way safely home – home to life, light and our real selves. Cancer is the sign of incarnation and so brings us into this world and enables us to be spirits in manifestation. Cancer helps us to have and develop the bodies of light that can change us and the world in which we live.

A simple meditative activity for the sign of Cancer would be to imaginatively build up a picture of yourself as a lighted house/lighthouse and imagine it shining out into the world providing light warmth and hope for yourself humanity and all life. As you hold these thoughts and images in your loving heart and mind say the Cancer mantra to yourself as many times as feels right but at least 3. A lighted candle and using the Cancer colours of green purple and pink would add to the richness of this activity

**“I build a lighted house and therein dwell” x3 or more**